



More than 65million family caregivers play a major role in promoting health and wellness while working to improve the quality of life for those they care for. For most, becoming a family caregiver can be both heart warming and heart wrenching at the same time. Whether the role of becoming a caregiver happened gradually over time or abruptly, family caregivers frequently find themselves providing more care for others than for themselves.

Often family caregivers will struggle with day-to-day demands and can slowly be consumed by their role as a caregivers. While this can be a very rewarding journey, it can also be difficult and overwhelming when traveled alone.

The purpose of the Annual Compassionate Care-giver Conference is to help family caregivers and community members identify what resources are available in our community, as well as helping provide family caregivers with the tools and resources to support them in their role in caring for their loved ones.



Present...

The Compassionate Caregiver Conference



Friday, 16 March, 2012

The Raleigh County

Senior Center, Beckley WV



Douglas C Smith, MA, MS,

M Div is a professional speaker, trainer. He is the author of several books, including "The Tao of Dying", "Caregiving: Hospice Proven Techniques for Healing Body and Soul", "Being a Wounded Healer" and "The Complete Book of Counseling the Dying and Grieving". He has given over 1,000 workshops in all 50 states and

all the provinces of Canada.

Mr. Smith's workshop *Final Rights Caring for People in the Final Phases of Life* will look at the way we care for the needs and rights of the dying. Topics covered will include: The Right to Be In Control; The Right to Have a Sense of Purpose; The Right to Touch and Be Touched; The Right to Have One's Beliefs and Values Respected; The Right to Hear the Truth; The Right to Be Angry and In Denial; The Right to Laugh. The workshop will examine applying these rights to the dying and how many of them can be applied to the grieving

Raleigh County Commission on Aging (RCCOA) is a nonprofit service organization dedicated to serving the needs of senior citizens and their caregivers throughout Southern WV. The mission of the RCCOA is to provide access to programs and resources that to help the seniors of our community maintain their independence to the fullest extent possible. For over 30 years, the agency has continued to grow to meet the needs of those we serve and to provide them with the social services and supports necessary to age-in-place; either in their own home or within a community setting. The RCCOA provides services through the Raleigh County Senior Center in Beckley, as well as several satellite sites throughout Raleigh County and in the homes of senior citizens. Services for caregivers include: caregiver classes, Alzheimer's Support Group, In-Home Respite, Congregate Respite through the agency's Adult Daycare Program.

Hospice of Southern WV exists to serve the needs of the individual suffering from life-limiting illnesses, as well as to serve those caring for them. Our emphasis is on comfort and quality of life as we provide the physical, psychological, social, and spiritual needs of the terminally ill and their loved ones in Fayette, Raleigh, Summers, and Wyoming Counties. Hospice of Southern WV's services are provided primarily in the home, but may also be carried out at long-term care facilities personal care homes, or at the Bower's Hospice House. Hospice of Southern, WV's mission is to provide compassionate physical, emotional, and spiritual care that promotes the highest quality of living during the life-limiting illness and in times of grief to individuals, families, and communities we serve.

To register, complete this section, detach and mail to:

Raleigh County Commission on Aging
ATTN: Sherry Lucero
1614 S Kanawha St
Beckley, WV 25801

REGISTRATION and CEUs ARE FREE

Space is limited and seating can only be reserved by registering

NAME

ADDRESS

ORGANIZATION

PHONE

EMAIL

Are you _____
Service Provider Family Caregiver Both

Please Indicate the CEUs Required

Nursing Social Work

Learning Objectives

- Explain how assessments and care plans can be delivered in such a ways as to deliver client choice and control
- Examine tools and techniques to explore and enhance a client's beliefs and values
- Describe ways of promoting touch within family systems
- Discuss ways of doing creative life reviews and other activities designed to promote client meaning and purpose

8:00-8:30 AM	Registration
8:20-8:30 AM	Opening Remarks: Jack Tanner, Executive Director Raleigh County Commission on Aging
8:30-10:00 AM	Moring Session; <i>Final Rights: Caring for People in the Final Phases of Life</i> , Douglas C Smith, MA, MS, MDiv
10:00-10:15 AM	Break
10:15-12:00 PM	Continuation of Morning Session
12:00-1:00 PM	Lunch
1:00-2:30 PM	Afternoon Session; <i>Final Rights: Caring for People in the Final Phases of Life</i> (continued)
2:30-2:45 PM	Break
2:45-4:30 PM	Continuation of Afternoon Session
4:30 PM	Closing Remarks and Door Prizes

Continuing Education Credits

Social Work continuing education credits are provided through the MSU Social Work Department. This event has been approved for a maximum of 6.5 credit hours.

Nursing continuing education credits are approved through Hospice of Southern WV. This event has been approved for a maximum of 6.5 credit hours.